

Alfred's Basic Piano Library: Prep Course Level A

Lesson #1

Book Title	Pages
Lesson Book	4-7
Theory Book	2-9
Activity & Ear Training Book	3-6

Concepts:

1. *Sitting at the piano.*
  - a. *Bench height.*
  - b. *Posture.*
  - c. *Hand and finger position*
2. *Hand & nail care.*
3. *Finger Numbers*
4. *Right Hand & Left Hand*
  - a. *Moving up & down piano*
5. *What keys and keyboard are*
  - a. *Two black key groups*
  - b. *Three black key groups*
6. *The importance of Listening*
7. *Before playing any key, deciding how it should sound*
  - a. *Soft & Loud tones*
  - b. *High & Low tones*